



# Diaz Martial Arts Class Schedule

512-392-4763

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Students Class Times	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>BTC LIL' DRAGONS (White-Orange)</i>	5:00-5:30pm 2nd Floor	6:00-6:30 pm 2nd Floor	5:00-5:30pm 2nd Floor	6:00-6:30 pm 2nd Floor	No Class	No Saturday's Class
<i>LiL' Dragons BBTC (Age 4-7) Yellow - Dragon</i>	5:00-5:45 pm 2nd Floor	6:00-6:45 pm 2nd Floor	5:00-5:45 pm 2nd Floor	6:00-6:45 pm 2nd Floor	No Class	10:00-10:45 am 2nd Floor (Sparring Only)
<i>JUNIORS BTC (White-Orange)</i>	5:00-5:30 pm Main Floor	6:00-6:30pm Main Floor	5:00-5:30pm Main Floor	6:00-6:30pm Main Floor	No Class	No Saturday's Class
<i>JUNIORS BBTC BEG (White-Camo)</i>	5:00-5:45pm Main Floor	6:00-6:45pm Main Floor	5:00-5:45 pm Main Floor	6:00-6:45pm Main Floor	No Class	10:00-10:45am 2nd Floor (Sparring Only)
<i>JUNIORS BBTC Int. (Green-Purple)</i>	6:00-6:45 pm Main Floor	5:00-5:45 pm Main Floor	6:00-6:45 pm Main Floor	5:00-5:45 pm Main Floor	No Class	10:00-10:45 am 2nd Floor (Sparring Only)
<i>Jr. Adv-BBTC Red-Brown/ Black</i>	6:00-6:45 pm Adv-BBTC Main Floor	5:00-5:45pm Adv-BBTC Main Floor	6:00-6:45 pm Adv-BBTC Main Floor	5:00-5:45 pm Adv-BBTC Main Floor	No Class	10:00-10:45am 2nd Floor (Sparring Only) (Grappling)
<i>Jr. Black Belt Class (Jr. Black Belts Only)</i>	6:00-6:45 pm 2nd Floor	5:00-5:45 pm 2nd Floor	6:00-6:45 pm 2nd Floor	5:00-5:45 pm 2nd Floor	No Class	
<i>Boxing, Muay Thai, BJJ, MMA &amp; Haganah Class (Adults) 13 and up</i>	8:00-9:00 pm (Muay Thai) Main Floor Pad & Sparring 8:00 - 9:00 pm Boxing 2nd Floor	8:10-9:10pm (Brazilian Jiu Jitsu Uniform Needed) Main Floor (Haganah) 2nd Floor	8:00-9:00 pm (Muay Thai Pad & Sparring) Main Floor 8:00 - 9:00 pm Boxing 2nd Floor	8:10-9:10 pm (Brazilian Jiu Jitus Uniform Needed) Main Floor (Haganah) 2nd Floor	No Class	12:00-12:50pm Main Floor (MMA) (BBTC Students Only)
<i>TEENS AND ADULTS BEG./INT.</i>	7:00-7:50 pm Main Floor	12:10-1:00pm  7:00-7:50pm Main Floor	  7:00-7:50pm Main Floor	12:10-1:00 pm  7:00-7:50 pm Main Floor	Special Seminar	11:00-11:45 am Main Floor
<i>TEENS AND ADULTS BBTC INT./ ADV</i>	7:00-7:50 pm 2nd Floor	12:10-1:00 pm  7:00-7:50 pm 2nd Floor	  7:00-7:50 pm 2nd Floor	12:10-1:00 pm  7:00-7:50 pm 2nd Floor	Special Seminar	11:00-11:55 am Main Floor

**Schedule is subject to change**

**Visit our website: [www.diazma.com](http://www.diazma.com)**

Classes are set by different groups, Beginners, Intermediate, Advanced & Black Belts.

Beginners– White, Yellow, Orange, Camo

Intermediate– Green, Blue, Purple, Red

Advance– Brown, Recommended & Black Belts

### **Parents**

- All children should be 5-10 minutes early for their scheduled class and if dropped off should be picked up no more than 10 minutes after their scheduled class ends. We are not responsible for unsupervised children.
- Please make sure that all students are dressed in the proper attire for class.
- Out of respect for the instructors and their students we ask that all spectators remain quiet during class and keep any other children inside of our lobby area seated at all times. Anyone who cannot comply with this may be asked to leave the lobby area and watch from elsewhere.

### **Students**

- Shoes are not allowed on the training floor unless they have been approved by an instructor for working out. Shoes must not have a black sole and can only be worn on the training floor.
- Students are responsible for pulling out and or scanning their own attendance card before they enter the training area. Students who fail to do so may become ineligible for stripe testing.
- All instructors and black belts are to be addressed as Mr. or Ms. out of courtesy.
- Students should always come to class in their required uniform and have their training equipment with them everyday that they attend class.
- We are not responsible for any items left inside the school that may become lost, damaged or stolen.

**Basic Training Courses Classes (BTC)** are only Monday—Thursday

- Bring your padded chucks on Wednesday & Thursdays

### **Monday & Tuesday Classes**

- Forms & Basics for the following groups (BTC, BBTC, Elite BBTC & MTC)
- Board Breaking for (BBTC, Elite BBTC & MTC)
- Grappling Techniques for Elite BBTC advance students only.

### **Wednesday & Thursday Classes**

- Self Defense
- Sparring is on Wednesday, Thursday & Saturdays. This class is only for those students who are in BBTC, Elite BBTC & MTC .
- Weapons classes is on Wednesday & Thursdays. Elite BBTC will cover the weapons forms.

### **Friday**

- Those beginners and intermediate students who are the Elite BBTC program needs to bring their weapon for weapons forms, Thai Boxing equipment and grappling equipment.

### **Saturday**

- (BBTC- Sparring Only) (Elite Members- Sparring and Grappling)

**Out of respect for your instructors and fellow students please remain quiet off to the side of the training area while waiting for your class to begin.**